## Best practice -1 Activities 2018-19

## Training programme for women adolescent girl and children regarding Home science activities.

Every year Department of Home-Science organizes various training programme and acivites for women. Adolescent girls and children. During the academic year 2018-19 activities planned and implemented are given below.

| Sr.<br>No. | Name of the activity  | Date       | No. of<br>Beneficiarie | No. of<br>Teacher |
|------------|---|------------|------------------------|-------------------|
| 01         | Health and Hygiene awareness programme for girl students.             | 20/09/2010 | S                      | participated      |
| 02         | Eve teasing   | 29/08/2018 | 63                     | 02                |
| 03         | Best out of waste   | 29/08/2018 | 63                     | 02                |
| 04         | Introduction to Entrepreneurship development                          | 24/12/2018 | 25                     | 02                |
| 04         | programme   | 24/12/2018 | 29                     | 02                |
| 05         | Health personal hygiene and Environmental sanitation programme        | 24/12/2018 | 61                     | 05                |
| 06         | Environment awareness and seed collection project for school childred | 1/04/2018  | 30                     | 02                |
| 07         |   | 20/04/2018 | 30                     | 02                |



## Best Practices II Child Guidance and Nutrition Counselling Centre

Activities 2018-19

Child guidance and Nutrition counselling centre was established in Feb 2017 in the department of Home-Science. From its establishment various activities are run through CGNC in the academic year 2018-19, following activates were taken by the Home-Science department.

| Sr.<br>No. | Name of the Activity                      | Date                    | No. of<br>Beneficiaries | No. of<br>Teacher<br>Participated |
|------------|---|-------------------------|-------------------------|-----------------------------------|
| 01         | IQ testing of children in local community | June 18 to April 2019   | 22                      | 02                                |
| 02         | BMI Calculation                           | June 2018 to April 2019 | 65                      | 02                                |
| 03         | Diet Counselling                          | June 2018 to April 2019 | 18                      | 02                                |
| 04         | Therapeutic diet counselling              | June 2018 to April 2019 | 09                      | 02                                |
| 05         | Counselling to pregnant women             | June 2018 to April 2019 | 07                      | 02                                |
| 06         | Counselling to lactating mothers          | June 2018 to April 2019 | 09                      | 02                                |
| 07         | Summer Sanskar Class                      | June 2018 to April 2019 | 22                      | 02                                |

